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TREATMENTS

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A Woman's Touch

Dr Argie Xaftellis, or “Dr Argie” as she is affectionately known, is no stranger to the cosmetic industry having begun practice in 1998 at the first laser hair clinic in Perth.

Since that time she has broadened her interests to include all modalities that treat problematic and aging skin. Dr Argie was an early member of the Cosmetic Physician Society of Australasia and is also a Fellow of the Australian College of Cosmetic Surgery (the highest qualifications possible in Australia with only 2 doctors in WA currently achieving the required standards). She was elected onto the ACCS council in 2010 and in 2011 became the WA state rep for the CPSA. Her duties include organizing education for cosmetic doctors, selection of new members into the society and promoting public awareness of medical cosmetic issues through the media. Her ACCS obligations involve her in decision making for the future directions of the College, including working with government to raise standards in the cosmetic medical industry. In 2012 Dr Argie was elected the National Secretary for the CPSA. Dr Argie is acknowledged throughout Australia as an advanced cosmetic injector and is a trainer for two of the leading cosmetic products on the market. At a professional level she has published studies on cosmetic procedures in medical journals, regularly attends national and international cosmetic conferences on the latest advances and lectures on various topics. Dr Argie has a keen interest in anti-aging medicine and is a member of the Australasian Academy of Anti-aging. Dr Argie believes that the key to good health is a balance of the physical, emotional and spiritual. For this reason she continues to attend aerobics, pilates, and regular meditation. She spent 25 years as a

fitness instructor in her after hours time and knows the importance of inner health. Dr Argie practices what she preaches and has her own maintenance program of cosmetic treatments to attempt to look her best. She believes that it is never too soon to start but encourages her younger clients to begin with good quality skin care and daily sun protection. Prevention is always better than cure! More advanced treatments should begin when a problem actually starts and Dr Argie takes a minimalist approach to

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avoid complications, preserve a natural look and to help the budget conscious patient. Dr Argie also treats her staff regularly so that they can offer patients a personal perspective on procedures. Be assured that all treatments performed at ARGERA are safe and have been performed on herself or one of the staff. At a personal level she regularly supports community fund raising events and has joined a charity organization that volunteers cosmetic services to selected

misfortunate individuals. Dr Argie feels that cosmetic improvement helps to maintain psychological health by improving confidence to allow a person's true inner beauty to shine. “Nature has gifted us all with unique features. The procedures that I perform act to enhance and maintain these features through the aging process. A process, which is accelerated by the Australian Sun. Cosmetic medicine, should seek to emphasize the features we like, and to minimize the ones that we don't. In this way, we can provide the most satisfactory result for a patient without changing who they are. This improved self image allows their confidence to grow and with it personal achievements”. Before undergoing any procedure, Dr Argie recommends that her patients first form a realistic desirable result in their mind. Through the consultation process, she explores how the desired outcome can be achieved and any risks involved. Despite cosmetic medicine being one of the safest fields of medicine, any medical procedure runs the risk of adverse reactions. Some are preventable while others are not, no matter how experienced your physician. What should be important is the ongoing care by your doctor and their staff. The patient should feel comfortable to call at any time with any question concerning their treatment and be supported in the event of any adverse events. Dr Argie personally feels very strongly about such patient care and aims to provide it regardless of whether the procedure is simple or complex. Her guarantee is safety, support and satisfaction for her patients.